

Show Me A Sign

Vol. 1 "My First Signs"

At 2 years of age, my daughter Lucy had no words and no signs. Lucy has spina bifida and cerebral palsy, both of which affected her ability to communicate. Her doctors cautioned that we should be prepared for Lucy to be diagnosed as mentally retarded, unless she could show them a sign that she wasn't. I wrote this song as a prayer; a prayer that Lucy would prove her doctors wrong—she did. She is the first "Signing Time Miracle."

How are you doing little one? My little one, my little one I'd like to know what's on your mind Our days together, time together You and me, our one-on-one These are the times that make me smile You make me smile

Tell me that you love me Tell me that you're thinking of me Tell me all about the things you're thinking Day and night, both day and night Tell me that you're happy And you love it when we're laughing Tell me more, oh, tell me more, show me a sign Show me a sign

> Every day you grow up more And teach me more about what I'm here for And every day I love you more I love you more. I love you!

Tell me that you love me Tell me that you're thinking of me Tell me all about the things you're thinking Day and night, both day and night Tell me that you're happy And you love it when we're laughing Tell me more, oh, tell me more show me a sign Show me a sign—show me a sign—show me a sign



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Caterpillar Dreams Vol. 8 "The Great Outdoors"

I'm a little caterpillar tiny and green Crawlin' around head full of dreams Inch by inch takes all day I'm dreamin' of wings and flyin' away

Just a little caterpillar down on the ground I climb a tree hang upside down I don't know why I build a cocoon Not sure why I do what I do

But if I were a butterfly I could leave the ground behind Would things look different way up high? I wish I were a butterfly

I'm just a little caterpillar fast asleep Eyes closed tight lost in a dream In my dream I break free Stretch out my legs and check out my wings

I feel just like a butterfly Watch me leave the ground behind Things look different way up high I feel just like a butterfly

> Look at me I'm flying! I'm really flying! Somebody pinch me!





We've Got Love

Vol. 4 "Family, Feelings & Fun"

Take a look around And count up all you've got Sometimes it seems a lot And sometimes it's not enough

Do you love what you see Are you living your dreams Sometimes it seems a lot And sometimes it's not enough

If you have what you need forget what you want We don't have it all But I know we've got

We've got la la la la love We've got la la la la love We've got la love

Feel proud of how you give Versus how you live Sometimes it seems a lot And sometimes it's not enough If you have what you need forget what you want We don't have it all But I know we've got

We've got la la la la love We've got la la la la love We've got la love

Got the sun on my skin And the wind on my face Feel the rain on my fingertips

And the sky is true blue And the sunset's for me If I just lift my eyes up to see it

> We've got la la la la love We've got la la la la love We've got la la



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A Hard Day

Baby Signing Time Vol. 1

My teddy had a hard day It's starting now to show He tore a seam Bumped his nose And even lost his bow

Teddy, don't you worry I have the thing that works I'll put my arms around you And kiss it where it hurts

Mommy had a hard day I spilled milk on her floors I made a mess with all my toys Then I slammed every door

Mommy don't you worry I have the thing that works I'll put my arms around you And kiss it where it hurts

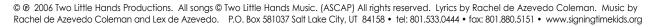
Kisses are good medicine Like laughter, tears and hugs Kisses make it better ...The medicine of love Baby had a hard day Slipped on milky floors Hurt my feet on messy toys Slammed fingers in the door

Baby don't you worry I have the thing that works I'll put my arms around you And kiss it where it hurts

Kisses are good medicine Like laughter, tears and hugs Kisses make it better ...The medicine of love

Baby don't you worry I have the thing that works I'll put my arms around you And kiss it where it hurts







Nobody Would Know

Living day to day, what do people see? Nobody would know just by looking at me Smiling on the outside, it's the tears they can not see How would someone know just by looking at me? The sadness faced by happiness and knowing what is right But nobody's around to hear me crying late at night

> Nobody would know Nobody would know Nobody would know Nobody would know

Look into my heart, if you could see my soul You would feel the pain that I have felt and know the loss I know My cover on the outside is starting to wear thin I've run into a new dead end, now where do I begin A chance to start all over what more could someone ask But pain and heartbreak shadows surround me from my past

> Nobody would know Nobody would know Nobody would know Nobody would know

My heart is missing something, I'm crying out in pain Is there something that I lost or did I give it away And those that knew me well, well they still don't realize They say there's something missing when they look in my eyes Did something wash away with all the tears that I have cried Is that why I feel as if a part of me has died

> Nobody would know Nobody would know Nobody would know Nobody would know

I've past my hardest test, I've felt my deepest pain But the energy you use to win you never quite regain The energy I've used to win I never will regain

> Nobody would know Nobody would know Nobody would know Nobody would know





Tiny Hands

dedicated to Leah Coleman

Tiny hands, fists closed tight Tiny dreams held inside Tiny hands, how they've grown Like the babe I used to know

Tiny mouth, button nose Eyes closed tight, breathing slow Tiny face how it's grown Like the babe I used to know

For me it feels like yesterday, just yesterday to me I looked into your tiny face, your tiny face held me Of course I know all children grow All children grow, of course I know I didn't know how fast you'd grow

> Tiny feet, awkward now Pirouette, take a bow Tiny toes, how they've grown Like the babe I used to know

> > For me it feels like yesterday, just yesterday to me I looked into your tiny face, your tiny face held me Of course I know all children grow All children grow, of course I know..... But I didn't know how fast you'd grow

> > > Tiny child, fall asleep Close your eyes, find your dreams Tiny child how you've grown You're still the babe I used to know





It's Baby Signing Time

Baby Signing Time Vol. 1

Hello little baby so new and so sweet Beautiful baby show me what you think Both of us have something to say We will discover each other each day

> I love our signing time This is a special time Tell me what's on your mind Sign, sign, sign, baby sign It's Baby Signing Time

You, your spirit, your talents, your dreams We're going to share some incredible things You'll stand, you'll fall down, you'll get up and then I'm going to help you to try, try again

> I love our signing time This is a special time Tell me what's on your mind Sign, sign, sign, baby sign It's Baby Signing Time

I cherish you And love you too You chose me and I chose you

> I love our signing time This is a special time Tell me what's on your mind Sign, sign, sign, baby sign It's Baby Signing Time



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The Good

Vol. 2 "Playtime Songs"

To my awesome husband Aaron- Maybe we won't find easy, but baby, we have found the good! I love you~ Rachel

It was you and me and the whole world right before us I couldn't wait to start I saw you and dreams just like everyone before us We thought we knew what we got

> And then one day I thought it slipped away And I looked to my hands to hold on And then one day all my fear slipped away And my hands did so much more

> > So maybe we won't find easy But, baby, we've found the good No, maybe we won't find easy But, baby, we've found the good!

It was you and me and a new world right before us I was so scared to start I saw you and dreams just like everyone before us But how did they move so far?

> And then one day I thought it slipped away And I looked to my hands to hold you And then one day all my fear slipped away And my hands did so much more

> > So maybe we won't find easy But, baby, we've found the good Maybe we won't find easy But, baby, we've found the good!



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Every Day

Vol. 11 "My Neighborhood"

Every day is a special day Because you're here with me Every day I spend with you I see the way you see

Every day you see the world With wonder and surprise Every day I see the world Through younger, newer eyes

Running through the sprinklers Coloring sunshine blue Pulling apart a flower Discovering new views

Every day's exciting Your days are full of "Wow!" Every thing is a special thing You always show me how

I don't have all the answers To the countless, countless "Why's?" But I know why I love you You keep me young inside

> Yes, I know why I love you You keep me young inside





Good Night Baby

Vol. 3 "Everyday Signs"

Good night baby, I hope you have sweet dreams We've turned the page on this day and now it's time to sleep

> Good night baby, it's faster than it seems I used to be the baby and my mom sang to me

Good night, good night, I watch you as you sleep The world loves little babies and you are the world to me

Good night, good night, I watch you as you sleep The world loves little babies and you are the world to me



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Special To Me

Baby Signing Time Vol. 2

Today will soon be over Tomorrow will arrive Right now I'm going to hold you Until you close your eyes

Words can't always sum up The feelings that I feel So peaceful when you're sleeping I know you'll hear me still

Singing 'You are very special to me And I am very special to you I know that this is where I am meant to be I'm glad that my baby is you'

> Exactly what I wanted Exactly who you are I know we'll work together And we will reach the stars

Families stick together And family lasts forever Forever, that's how long I'll love you



Singing 'You are very special to me And I am very special to you I know that this is where I am meant to be I'm glad that my baby is you'

I know this is where I am meant to be I'm glad that my baby is you





SHINE Vol. 6 "My Favorite Things"

Zane Alexander Gardner (11/12/1998-2/11/2002)

Zane- you taught me that heroes come in all sizes. Thank you for helping me let go of the typical timelines so that Lucy was free to reach milestones at her own pace. You helped me believe in Lucy and now Lucy is inspiring so many others. You gave me hope, and hope is the ultimate gift. You still inspire me. ~R

> Sometimes I see you stuck For such a long time A daily nothing new Pretend I don't mind With lists of things you'll never do Until somehow you do And you do — you do — you shine

The days and months and years, they run together Is it just one day? Or is this forever? You've taught me in your lifetime More than I'd learned in mine And you do, you do, you shine

Shine Shine Shine Shine Shine Shine your light on me Shine Shine Shine Shine Shine everyone will see Shine Shine Shine Shine Shine I'm so glad you are mine And you'll shine in your own time

Well, maybe I'm too close to see you clearly Or is it now my role to simply believe? You're just one of those mysteries That may never be solved in time But you do — you do — you shine

And Sammy will do what Sammy will do when Sammy is ready to do it And Trevor will do what Trevor will do when Trevor is ready to do it And Lucy will do what Lucy will do when Lucy is ready to do it And they'll do it in their own time

> Yeah, they'll Shine Shine Shine Shine Shine Shine your light on me Shine Shine Shine Shine Shine And everyone will see Shine Shine Shine Shine I'm so glad you are mine And you'll shine, and you shine



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