

Hand-y Craft: Feelings Flip Book

Materials Needed:

Printed flash cards *see following pages*
Magazines, family photos (optional)
4-6 inches of yarn, ribbon, or string
White card stock paper
Crayons or markers
Safety scissors
Hole punch
Glue



It's time to create your Feelings Flip Book

- Step 1:** Print a set of the Feelings Flash Cards on the following pages, color and cut apart.
- Step 2:** Cut card stock pages in half so you have 8.5x 5.5-inch sheets.
- Step 3:** Select a flash card and learn the sign. Draw or find a picture that matches the feeling on the card you have selected.
- Step 4:** Glue the picture, along with the corresponding flash card (both sides) on to a card stock sheet. Repeat for each of the signs.
- Step 5:** Punch a hole in the upper right hand corner of each sheet.
- Step 6:** String yarn of ribbon through the holes. Tie loosely so pages can turn easily.
- Step 7:** Show your Feelings Flip Book to a parent, teacher or a friend.



© 2013 Two Little Hands Productions
www.signingtime.com



Unit 4: FEELINGS | Flash Cards

Unit 4: FEELINGS



sad

Two Little Hands Productions | www.signingtime.com

Unit 4: FEELINGS



laugh

Two Little Hands Productions | www.signingtime.com

Unit 4: FEELINGS



happy

Two Little Hands Productions | www.signingtime.com

Unit 4: FEELINGS



don't like

Two Little Hands Productions | www.signingtime.com

Unit 4: FEELINGS



like

Two Little Hands Productions | www.signingtime.com

Unit 4: FEELINGS



cry

Two Little Hands Productions | www.signingtime.com

Unit 4: FEELINGS



feelings

Two Little Hands Productions | www.signingtime.com

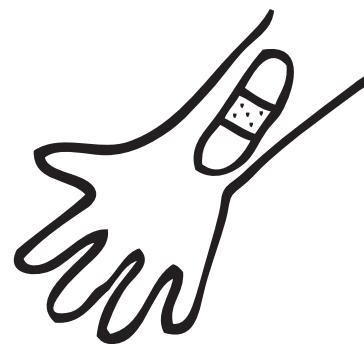
Unit 4: FEELINGS



sorry

Two Little Hands Productions | www.signingtime.com

Unit 4: FEELINGS



hurt

Two Little Hands Productions | www.signingtime.com

Unit 4: FEELINGS | Flash Cards**happy**

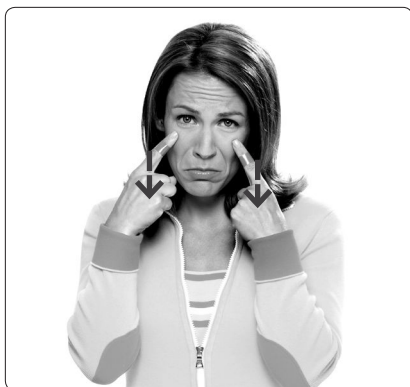
Brush your flat hand up and out from your heart a few times. The happiness comes from your heart!

**laugh**

Brush your pointer fingers away from your mouth a few times.

**sad**

Open your hands and bring them down in front of your sad face.

**cry**

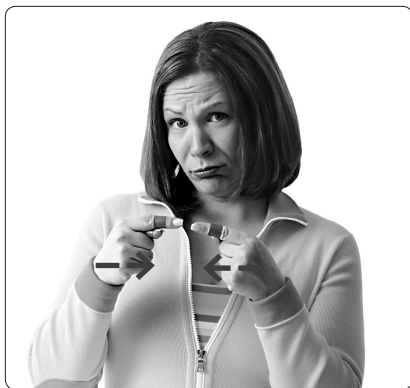
Your pointer fingers show tears coming down your cheeks, a few times.

**like**

Your middle finger and thumb come together as you pull them straight away from your chest.

**don't like**

Sign LIKE (your middle finger and thumb come together as you pull them straight away from your chest), but throw it away from you.

**hurt**

Push your pointer fingers together over the place where it hurts.

**sorry**

Circle your fist near your heart.

**feelings**

Brush your middle finger up your chest a few times, right next to your heart.

Unit 4: FEELINGS | Flash Cards

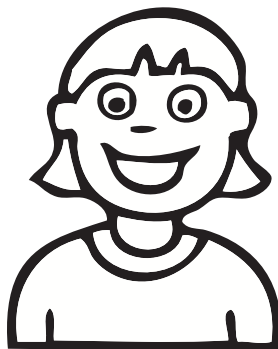
Unit 4: FEELINGS



silly

Two Little Hands Productions | www.signingtime.com

Unit 4: FEELINGS



surprised

Two Little Hands Productions | www.signingtime.com

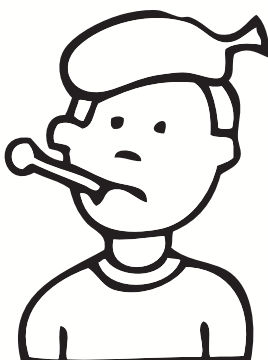
Unit 4: FEELINGS



grumpy

Two Little Hands Productions | www.signingtime.com

Unit 4: FEELINGS



sick

Two Little Hands Productions | www.signingtime.com

Unit 4: FEELINGS



excited

Two Little Hands Productions | www.signingtime.com

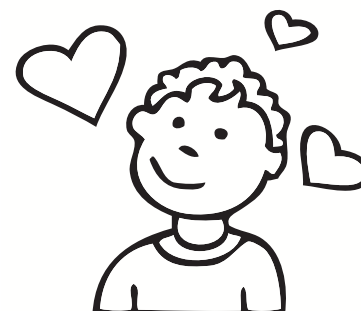
Unit 4: FEELINGS



scared

Two Little Hands Productions | www.signingtime.com

Unit 4: FEELINGS



love

Two Little Hands Productions | www.signingtime.com

Unit 4: FEELINGS | Flash Cards**grumpy**

Scrunch up your fingers a few times, in front of your grumpy face.

**surprised**

Touch your pointer fingers to your thumbs, right at your eyes. Then, pop them open like you are really surprised!

**silly**

With your thumb and pinky sticking out, twist your hand back and forth a few times in front of your nose.

**scared**

With your hands by your chest, pop open your fingers towards each other. Pretend you are really scared!

**excited**

With both hands open, alternate brushing each middle finger up your chest a few times.

**sick**

Open both hands and use your middle fingers to touch your forehead and your tummy at the same time. It's like you have a headache and a tummy ache.

**love**

Make fists and cross your arms over your heart. It's like you are hugging someone you love.

Feelings

Flip

Book

