

January Hand-y Craft Growth Chart

Make a fun growth chart for your room!

Materials Needed:

- Poster board
- Washable paint
- Paper plates (one for each paint color)
- Scissors
- Craft glue
- Markers
- Measuring Tape

Time to Create!

Step 1: With the help of an adult, cut the poster board in thirds, so you have three equal strips.



Step 2: Glue the three strips together, end-to-end, overlapping them about 6 inches. Let the glue dry.

Step 3: If desired, trim the edges of the poster board to make a fun border.

Step 4: With the help of an adult, pour enough of one paint color on to a paper plate just to cover the bottom.

Step 5: Dip your hand in the paint, then place your hand on the poster board to leave your hand print. Repeat a few times, leaving space between each hand print, then change colors and repeat.



Step 6: Set the chart aside and let it dry completely.

Step 7: Once dry, with help from a parent, use the marker to write the feet and inches on your chart. Be sure to start at the bottom of the chart and work your way to the top. Remember, every 12 inches equals one foot.

Step 8: Hang on a wall and mark your height regularly to see how much you have grown each time!



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