

# Hand-y Craft Journals



Journals are a great place to write down your thoughts and feelings. Have fun creating one for yourself or someone special. Here are instructions for Beginner, Intermediate, or Advanced projects, so choose the one that works for you!

## Beginner Materials Needed:

- 1) Notebook
- 2) Scrapbooking Embellishments
- 3) Glue



## Advanced Materials Needed:

### Intermediate Materials Needed:

- 1) Notebook
- 2) 2-3 Decorative/Plain Scrapbook Papers
- 3) Scrapbooking embellishments
- 4) Ribbon
- 5) Scissors
- 6) Glue
- 7) Pencil

- 1) 1 Empty Large Cereal Box
- 2) 30 – 50 Sheets of Filler Paper
- 3) 6-8 12x12 Decorative/Plain Scrapbook Papers
- 4) Scrapbooking Embellishments
- 5) Ribbon
- 6) Scissors
- 7) Glue
- 8) Pencil
- 9) Hole punch



## Time to Create:

### Easy Journal:

- 1- Glue scrapbooking embellishments to the front of the notebook. That's it!

### Intermediate Journal:

- 1- Glue one sheet of decorative scrapbook paper to the front cover of the notebook. Fold the excess paper around to the inside of the cover and glue down.



- 2- Glue ribbon to the cover, folding excess ribbon around to the inside of the cover, then glue it down.
- 3- Trace hands on additional scrapbook paper, cut out and glue to the cover.
- 4- Continue to decorate with scrapbooking embellishments.

### Advanced Journal:

- 1- Cut the front and back of the cereal box to 8 ½ inches wide by 11 inches tall to create the front and back covers of the journal. (or the same size as your filler paper)



- 2- Take two decorative scrapbook papers. Glue one sheet to both the front and back journal covers. Cut the corners on a diagonal. Fold the excess paper around to the inside of the cover and glue down.



- 3- Cut two of the decorative scrapbook papers to 8 ¼ inches wide by 10 ¾ inches. Glue to the inside of the covers just created to cover the rough edges and finish off the look.



- 4- Place the covers the way you want them facing for your journal. Place one piece of the filler paper over the top, make holes align, and punch out where they need to be.
- 5- Punch the holes for the front and back covers.
- 6- Place the filler paper between the covers.



- 7- Cut 3 pieces of ribbon 5 inches long and lace each piece of ribbon through each hole.
- 8- Using the pencil to create a little extra space, tie each ribbon into a bow. When assembled correctly the journal will open easily and lie flat.



- 9- Trace hands on additional scrapbook paper, cut out and glue to the cover.
- 10- Continue to decorate with scrapbooking embellishments.

